

Residential School Survivors and Family Resources

All resources and services below are free

24 HOUR RESIDENTIAL SCHOOLS CRISIS LINE

1-866-925-4419

Provides emotional support and crisis referral services for Residential School survivors and their families

Services available in French and English

24 HOUR HOPE FOR WELLNESS HELPLINE

1-855-242-3310

hopeforwellness.ca

Provides phone & online counselling and crisis intervention services to Indigenous people

Services available in Cree, Ojibway, Inuktitut, English, and French

RESIDENTIAL SCHOOLS RESOLUTION HEALTH SUPPORT PROGRAM

1-877-477-0775

Provides access to counselling, cultural, and emotional support services to Residential School survivors and their families

The RSRHS Program provides assistance with transportation costs when counselling and cultural supports are not locally available

FRIENDSHIP CENTRES IN BRITISH COLUMBIA

National Association of Friendship Centres

1-877-563-4844

nafc.ca

BC Association of Aboriginal Friendship Centres

(250) 388-5522

bcaafc.com

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

Programs are offered for all ages, including youth and Elders

Please Note: not all Friendship Centres may be included

Vancouver Aboriginal Friendship Centre Society

1607 E Hastings St, Vancouver, BC

(604) 251-4844

Fraser Region Aboriginal Friendship Centre

A101-10095 Whalley Blvd, Surrey, BC

(604) 595-1170

Mission Friendship Centre Society

33150 1 Ave, Mission, BC

(604) 826-1281

Ooknakane Friendship Centre

146 Ellis St, Penticton, BC

(250) 490-3504

Ki-Low-Na Friendship Society

442 Leon Ave, Kelowna, BC

(250) 763-4905

North Okanagan Friendship Centre Society

2904 29 Ave, Vernon, BC

(250) 542-1247

Conayt Friendship Society

2164 Quilchena Ave, Merritt, BC

(250) 378-8501

Kamloops Aboriginal Friendship Society

125 Palm St, Kamloops, BC

(250) 376-1296

Lillooet Friendship Centre Society

155 Main St, Lillooet, BC

(250) 256-4146

Cariboo Friendship Society

99 3 Ave S, Williams Lake, BC

(250) 398-6831

Quesnel Tillicum Society Native Friendship Centre

319 N Fraser Dr, Quesnel, BC

(250) 992-8347

FRIENDSHIP CENTRES IN BRITISH COLUMBIA (Continued)

Prince George Native Friendship Centre

1600 3rd Ave, Prince George, BC
(250) 564-3568

Tansi Friendship Centre Society

5301 Access Rd, Chetwynd, BC
(250) 788-2996

Nawican Friendship Centre

1320 102 Ave, Dawson Creek, BC
(250) 782-5202

Fort St. John Keeginaw Friendship Centre

10208 95 Ave, Fort St John, BC
(250) 785-8566

Fort Nelson Aboriginal Friendship Society

5012 49 Ave, Fort Nelson, BC
(250) 774-2993

Dze L K'ant Friendship Centre

1188 Main St, Smithers, BC
(250) 847-5211

Kermode Friendship Society

3313 Kalum St, Terrace, BC
(250) 635-4906

Friendship House Association of Prince Rupert

744 Fraser St, Prince Rupert, BC
(250) 627-1717

Sacred Wolf Friendship Centre

8950 Granville Street, Port Hardy, BC
(250) 902-0552

Wachiay Friendship Centre Society

1625 McPhee Ave, Courtenay, BC
(250) 338-7793

Port Alberni Friendship Centre

3555 4th Ave, Port Alberni, BC
(250) 723-8281

Tillicum Lelum Aboriginal Friendship Centre

602 Haliburton St, Nanaimo, BC
(250) 753-4417

Hiiye'yu LeLum Friendship Society

5462 Trans-Canada Hwy, Duncan, BC
(250) 748-2242

Victoria Native Friendship Centre

231 Regina Ave, Victoria, BC
(250) 384-3211

FRIENDSHIP CENTRES IN ALBERTA

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Alberta Native Friendship Centres Association

(780) 423-3138

anfca.com

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

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Please Note: not all Friendship Centres may be included

Napi Friendship Centre Association

622 Charlotte St, Pincher Creek, AB

(403) 627-4224

Sik-Ooh-Kotoki Friendship Centre Society

1709 2 Ave S, Lethbridge, AB

(403) 328-2414

Miywasin Friendship Centre

517 3rd St SE, Medicine Hat, AB

(403) 526-0756

Aboriginal Friendship Centre of Calgary

316 7th Ave, S.E. Calgary, AB

(403) 270-7379

Red Deer Native Friendship Society

4808 51 Ave, Red Deer, AB

Tel: (403) 340-0020

Rocky Native Friendship Centre Society

4917 52 St, Rocky Mountain House, AB

(403) 845-2788

Hinton Friendship Centre Society

965 Switzer Dr, Hinton, AB

(780) 865-5189

Edson Friendship Centre

5023 3 Ave, Edson, AB

(780) 723-5494

Canadian Native Friendship Centre

11728 95 St, Edmonton, AB

(780) 761-1900

Mannawanis Native Friendship Centre Society

4901 50 St, St. Paul, AB

(780) 645-4630

FRIENDSHIP CENTRES IN ALBERTA (Continued)

Bonnyville Canadian Native Friendship Centre

4711 50 Ave, Bonnyville, AB

(780) 826-3374

Cold Lake Native Friendship Centre Society

5015 55 St, Cold Lake, AB

(780) 594-7526

Lac La Biche Canadian Native Friendship Centre Association

10105 Churchill Dr, Lac la Biche, AB

(780) 623-3249

Athabasca Native Friendship Centre Society

4919 53 St, Athabasca, AB

(780) 675-3086

Slave Lake Native Friendship Centre Society

416 6 Ave NE, Slave Lake, AB

(780) 849-3039

High Prairie Native Friendship Centre Society

4919 51 Ave, High Prairie, AB

(780) 523-4511

Grand Prairie Friendship Center

10507 98 Ave, Grande Prairie, AB

(780) 532-5722

Nistawoyou Association Friendship Centre

8310 Manning Ave, Fort McMurray, AB

(780) 743-8555

Sagitawa Friendship Centre Society

10108 100 Av, Peace River, AB

(780) 624-2443

High Level Native Friendship Centre Society

10904 95 St, High Level, AB

(780) 926-3355

FRIENDSHIP CENTRES IN SASKATCHEWAN

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Aboriginal Friendship Centres of Saskatchewan

(306) 955-0762

afcs.ca

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

Programs are offered for all ages, including youth and Elders

Please Note: not all Friendship Centres may be included

Saskatoon Indian and Métis Friendship Centre

Wall St, Saskatoon, SK

(306) 244-0174

Newo Yotina Friendship Centre

1635 11th Ave, Regina, SK

(306) 525-5042

Battleford Indian & Metis Friendship Centre

960 103 St, North Battleford, SK

(306) 445-8216

Prince Albert Indian Métis Friendship Centre

1409 1 Ave E, Prince Albert, SK

(306) 764-3431

Qu'Appelle Valley Friendship Centre

197 Victoria Ave, Fort Qu'Appelle, SK

(306) 332-5616

Lloydminster Native Friendship Centre

4602 49 Ave, Lloydminster, SK

(306) 825-6558

North West Friendship Centre

205 Centre St, Meadow Lake, SK

(306) 236-3766

Kikinahk Friendship Centre

320 Boardman St, Bedford Dr, La Ronge, SK

(306) 425-2051

Ile-a-la-Crosse Friendship Centre

Île-à-la-Crosse, SK

(306) 833-2662

Buffalo Narrows Friendship Centre

Buffalo St, Buffalo Narrows, SK

(306) 235-4633

La Loche Friendship Centre

Fontaine Ave, La Loche, SK

(306) 822-2606

FRIENDSHIP CENTRES IN MANITOBA

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Manitoba Association of Friendship Centres

(204) 942-6299

friendshipcentres.ca

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

Programs are offered for all ages, including youth and Elders

Please Note: not all Friendship Centres may be included

Ma Mawi Wi Chi Itata Centre Inc

445 King St, Winnipeg MB

(204) 925-0300

Selkirk Friendship Centre

425 Eveline St, Selkirk, MB

(204) 482-7525

Portage Friendship Centre

20 3 St NE, Portage la Prairie, MB

(204) 239-6333

Brandon Friendship Centre

836 Lorne Ave, Brandon, MB

(204) 727-1407

Riverton & District Friendship Centre

Laura Ave SW, Riverton, MB

(204) 378-2800

Dauphin Friendship Centre

210 1 Ave NE, Dauphin, MB

(204) 638-5707

Elbert Chartrand Friendship Centre

1413 Main St E, Swan River, MB

(204) 734-9301

The Pas Friendship Centre

81 Edwards Ave, The Pas, MB

(204) 627-7500

Flin Flon Indian-Metis Friendship Centre

57 Church St, Flin Flon, MB

(204) 687-3900

Ma-Mow-We-Tak-Friendship Centre

4 Nelson Rd, Thompson, MB

(204) 677-0960

Lynn Lake Friendship Centre

625 Gordon Ave, Lynn Lake, MB

(204) 356-2407

FRIENDSHIP CENTRES IN ONTARIO

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Ontario Federation of Indigenous Friendship
Centres

(416) 956-7575

ofifc.org

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Council Fire Native Cultural Centre

439 Dundas Street East, Toronto, ON

(416) 360-4350

Peel Aboriginal Network

208 Britannia Rd E #1, Mississauga, ON

(905) 712-4726

Hamilton Regional Indian Centre

34 Ottawa St N, Hamilton, ON

(905) 548-9593

Niagara Regional Native Centre

382 Airport Rd, Niagara-on-the-Lake, ON

(905) 688-6484

Fort Erie Native Friendship Centre

796 Buffalo Rd, Fort Erie, ON

(905) 871-8931

N'Amerind Friendship Centre

260 Colborne St, London, ON

(519) 672-0131

Sarnia-Lambton Native Friendship Centre

233 Lochiel St, Sarnia, ON

(519) 344-6164

Can Am Indian Friendship Centre

1699 Northway Ave, Windsor, ON

(519) 253-3243

M'Wikwedong Native Cultural Resource Centre

1723 8th Ave E, Owen Sound, ON

(519) 371-1147

Barrie Native Friendship Centre

175 Bayfield St, Barrie, ON

(705) 721-7689

FRIENDSHIP CENTRES IN ONTARIO (Continued)

Nogojiwanong Friendship Centre

580 Cameron St, Peterborough, ON
(705) 775-0387

Georgian Bay Native Friendship Centre

175 Yonge St, Midland, ON
(705) 526-5589

Parry Sound Friendship Centre

#127-70 Isabella St, Parry Sound, ON
(705) 746-5970

Odawa Native Friendship Centre

815 St Laurent Blvd, Ottawa, ON
(613) 722-3811

North Bay Indian Friendship Centre

980 Cassells St, North Bay, ON
(705) 472-2811

N'Swakamok Friendship Centre

110 Elm St, Sudbury, ON
(705) 674-2128

Indian Friendship Centre (Sault Ste. Marie)

122 East St Sault Ste, Sault Ste. Marie, ON
(705) 256-5634

Timmins Native Friendship Centre

179 Kirby Ave, Timmins, ON
(705) 268-6262

Ininew Friendship Centre

190 3rd Ave, Cochrane, ON
(705) 272-4497

Kapuskasing Indian Friendship Centre

41 Murdock Ave, Kapuskasing, ON
(705) 337-1935

Thunderbird Friendship Centre

301 Beamish Ave W, Geraldton, ON
(807) 854-1060

Thunder Bay Indian Friendship Centre

401 Cumberland St N, Thunder Bay, ON
(807) 345-5840

Atikokan Native Friendship Centre

307-309 Main St W, Atikokan, ON
(807) 597-1213

United Native Friendship Centre

516 Portage Ave, Fort Frances, ON
(807) 274-8541

FRIENDSHIP CENTRES IN ONTARIO (Continued)

Nishnawbe-Gamik Friendship Centre

52 King St, Sioux Lookout, ON

(807) 737-1903

Dryden Native Friendship Centre

74 Queen St, Dryden, ON

(807) 223-4180

Ne Chee Friendship Centre

326 2nd St S, Kenora, ON

(807) 468-5440

Red Lake Indian Friendship Centre

1 Legion Rd, Red Lake, ON

(807) 727-2847

FRIENDSHIP CENTRES IN QUÉBEC

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Regroupement des centres d'amitié de Québec

(306) 955-0762

rcaaq.info

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

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Native Montreal

3183 St Jacques St, Montreal, Quebec

(514) 331-6587

Centre d'amitié autochtone de Lanaudiere

523 Bd Ste Anne, Joliette, Quebec

(450) 760-3865

Centre d'amitié autochtone de Trois-Rivières

1000 Blvd du St Maurice, Trois-Rivières, QC

(819) 840-6155

Maison Communautaire Missinak (Centre multi-services MAMUK)

8155 1ère Avenue, Québec, QC

(418) 476-8083

Centre d'amitié autochtone du Quebec

234 Rue Louis-IX, Québec, QC

(418) 843-5818

Centre d'amitié autochtone de Maniwaki

153 Rue Laurier, Maniwaki, QC

(819) 892-0892

Centre d'amitié autochtone La Tuque

544 Rue Saint Antoine, La Tuque, QC

(819) 523-6121

Centre d'amitié autochtone de Val D'Or

1272 7e Rue, Val-d'Or, QC

(819) 825-6857

Centre d'entraide et d'amitié autochtone de Senneterre

910 10e Avenue, Senneterre, QC

(819) 737-2324

Centre d'amitié autochtone de Lac-Saint-Jean

700 Rue Otis, Roberval, QC

(418) 765-1202

FRIENDSHIP CENTRES IN QUÉBEC (Continued)

Centre d'amitié autochtone du Saguenay

491 Rue Jacques-Cartier E, Chicoutimi, QC
(418) 973-3424

Centre d'amitié Eenou de Chibougamau

95 Rue Jaculet, Chibougamau, QC
(418) 748-7667

Centre d'amitié autochtone de Sept-Îles

34 Rue Smith, Sept-Îles, QC
(418) 962-9229

FRIENDSHIP CENTRES IN THE NORTH

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Northwest Territories/Nunavut Council of
Friendship Centres

(867) 873-4332

Email: uasnorth1@outlook.com

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

Programs are offered for all ages, including youth and Elders

Please Note: not all Friendship Centres may be included

Northwest Territories

Deh Cho Friendship Centre

10031 - 99 B Avenue, Fort Simpson, NT

(867) 695-2577

Ingamo Hall Friendship Centre

20 Mackenzie Road, Inuvik, NT

(867) 777-2166

Tłı̄chọ Łeàgı̄a Ts'ı̄ı̄ı̄ Kọ

Building #124 - Donda Tili, Behchoko, NT

(867) 392-6000

Soaring Eagle Friendship Centre

Suite 2, 8 Gagnier Street, Hay River, NT

(867) 874-6581

The Tree of Peace Friendship Centre

5011 51 St, Yellowknife, NT

(867) 873-2864

Uncle Gabe's Friendship Centre

112 Conibear Crescent, Fort Smith, NT

(867) 872-3004

Zhahti Koe Friendship Centre

Fort Providence, NT

(867) 699-3801

Nunavut

Pulaarvik Kablu Friendship Centre

Rankin Inlet, NU

(867) 645-2600

Yukon

Skookum Jim Friendship Centre

3159 3rd Avenue, Whitehorse, YT

(867) 633-7680

FRIENDSHIP CENTRES IN THE MARITIMES

National Association of Friendship Centres

1-877-563-4844

nafc.ca

Provides culturally appropriate services and programs for Indigenous people living in urban centres, including referrals for counselling, health, education, employment, and housing

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Labrador

Labrador Friendship Centre

49 Grenfell St, Happy Valley-Goose Bay, NL

(709) 896-8302

Newfoundland

First Light St. John's Friendship Centre Inc.

716 Water St, St. John's, NL

(709) 726-5902

People of the Dawn Indigenous Friendship Centre

Suite 10, 35 Carolina Avenue, Stephenville, NL

(709) 643-3902

Nova Scotia

Mi'kmaw Native Friendship Centre

2158 Gottingen St, Halifax, NS

(902) 420-1576

New Brunswick

Under One Sky Friendship Centre

303 Union St, Fredericton, NB

(506) 458-9269